



**Case Management can help you
get back on your feet. Or not.**

Plus it's part of your health benefits, so it's no cost to you!

A serious illness or injury can leave you feeling like there's nowhere to turn. Fortunately, your health benefits include Case Management, which is a confidential program that can provide support during a difficult time.

Case managers are registered nurses and licensed social workers who can help you understand your treatment and options for your care. They will work with you, your family and your doctors to make sure your care is high quality and cost-effective.

The benefits of Case Management

- Personal support from an experienced case manager for you and your family
- Education on your health care, home care needs, treatments, lifestyle changes and more
- Your case manager can facilitate communication between you and your doctor and hospital
- Possible savings for you and your benefit plan as a result of discounts on physician and hospital services

Questions? Call us!

1-800-641-3224



AmericanHealth
American Health Holding Inc

4th District IBEW Health Fund