2011

NEW YEAR. NEW YOU.

On your list of resolutions, "quit smoking" is the best thing you can do to improve your health in 2011. But did you know that preparing to quit will greatly increase your chances of success? By enrolling in the Quit For Life® Program now, you can be prepared for a tobacco-free 2011. Don't wait until the clock strikes midnight on December 31. Start now.

Call today to gain access to a Quit Coach® who will help you set a realistic quit date – one based on your individual goals and needs – to make sure this year's "quit smoking" resolution is one you achieve. Our Quit Coaches understand quitting is about more than just not smoking. When you join the Quit For Life Program, you will become an expert in living a life without tobacco.

It's FREE. It's confidential. It works.

1.866.QUIT.4.LIFE (1.866.784.8454)
www.quitnow.net

American Cancer Society®

Quit For Life® Program

The Quit For Life® Program is brought to you by the American Cancer Society® and Free & Clear®. The two organizations have 35 years of combined experience in tobacco cessation coaching and have helped more than 1 million tobacco users. Together they will help millions more make a plan to quit, realizing the American Cancer Society's mission to save lives and create a world with more birthdays.

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